

The Norton Scale

NOTE: Scores of 14 or less rate the patient as 'at risk'

		Physical Condition		Mental Condition		Activity		Mobility		Incontinence		Total Score
		Good	4	Alert	4	Ambulant	4	Full	4	Not	4	
		Fair	3	Apathetic	3	Walk/help	3	Slightly	3	Occasional	3	
		Poor	2	Confused	2	Chairbound	2	Limited	2	Usually-urine	2	
		Very bad	1	Stupor	1	Bedridden	1	Very limited, Immobile	1	Doubly	1	
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Source: Doreen Norton, Rhoda McLaren, and A.N. Exton-Smith. An Investigation of Geriatric Nursing Problems in the Hospital. London. National Corporation for the Care of Old People (now the Centre for Policy on Ageing); 1962. Adapted with permission of the publisher.