

PAIN MANAGEMENT

Use MDS Data to Identify Residents That Flag on Pain QM

Frequency (J2a)	Intensity (J2b)	Flag on QM?
0 (no pain)	NA	NO
1 (less than daily)	1 (mild)	NO
1 (less than daily)	2 (moderate)	NO
1 (less than daily)	3 (horrible/excruciating)	YES
2 (daily)	1 (mild)	NO
2 (daily)	2 (moderate)	YES
2 (daily)	3 (horrible/excruciating)	YES

NOTE: Other combinations of J2a and J2b are INCONSISTENT

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1. **Mild pain** - Although the resident experiences some ("a little") pain he or she is usually able to carry on with daily routines, socialization, or sleep.

2. **Moderate pain** - Resident experiences "a medium" amount of pain.

3. **Horrible or excruciating pain** – Worst possible pain. Pain of this type usually interferes with daily routines, socialization, and sleep.