

# RESOURCES

## RESTRAINT ELIMINATION RESOURCES

### IPRO Tools

IPRO Falls Tracking Tool (excel) [www.ipro.org/nhqi/Tools](http://www.ipro.org/nhqi/Tools)

Falls Management Program [www.ipro.org/nhqi/Tools](http://www.ipro.org/nhqi/Tools)

### READINGS + WEB

Achieving restraint-free care of acutely confused older adults.

Sullivan-Marx EM. *Journal of Gerontological Nursing*. 2001 Apr;27(4):56-61.

Differences in nursing homes with increasing and decreasing use of physical restraints. Castle NG. *Medical Care*. 2000 Dec;38(12):1154-63.

Falls and Fall Risk Clinical Practice Guideline. American Medical Directors Association, Columbia, MD: 2003; 9. Available: [www.amda.com](http://www.amda.com)

MedQIC. [www.medqic.org](http://www.medqic.org)

Nursing staff members' intentions to use physical restraints with older people: testing the theory of reasoned action. Werner P, Mendelsson G. *Journal of Advanced Nursing*. 2001 Sep;35(5):784-91.

Quality Measures Resource Manual, February 2006, Version 5.0.

Physical Restraints. Available: <http://www.medqic.org/Chapter6K>

Revised *Long-Term Care Resident Assessment Instrument User's Manual*, December 2002, Version 2.0, Revised March 2006.

Available: <http://www.cms.hhs.gov/RAI>

Updated Practice Guideline for the Prevention of Falls in Older Persons From the AGS and BGS. Williams ME. *Highlights of the American Geriatrics Society 2006 Annual Scientific Meeting*. May 3-7, 2006.

